





The Feelings Wheel

Energetic Aroused Cheeky Free Joyful Curious Inquisitive Successful Confident Respected Respected Valued Valued Curageous Courageous Courageous	Excited Playful Content Interested Proud Accepted Accepte	Bospair Sad Sad Bay Sad	Scared Depressed	Aggressive Frustrated Distant Critical Doointed Aggresoive Talus Pologlie Oe, Value Office Talus Talus Office Talus Tal	Resentul Resentul Resentul Ridiculed Ridiculed Ridiculed Furious Jealous Provoked Hostile Infuriated Annoyed Withdrawn Numb Sceptical Yome
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